



Student Activities Code

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Welcome ...

The Kennett High School Student Activities Code is designed to provide you with information concerning all opportunities offered by the Kennett High School co-curricular program. While academics are our top priority, student participation in school programs is an integral part of a well-rounded education. Our main objectives are to encourage participation, teamwork, sportsmanship, and the enjoyment of school co-curricular opportunities. The numerous values learned through a commitment to a school program are beneficial to all individuals and will serve throughout their lifetime.

As parents/guardians, your presence at events and positive cheering for your child's program is essential. You have a role in modeling appropriate behavior at events and must help us provide a healthy, yet competitive, environment for our participants without compromising the integrity of our school or community. We ask that you do not engage in behavior that demeans or degrades officials, coaches or participants as it will not be tolerated. We do encourage and appreciate parents who wish to become involved as a support system for each of our programs.

This activities code describes the rules and regulations of the Kennett High School student co-curricular programs and the New Hampshire Interscholastic Athletic Association (NHIAA). It also addresses students' welfare and conduct as representatives of their programs and the school. By registering for a program and agreeing to the Consent Agreement and Activities Code Acknowledgement Contract, it is in effect giving one's word that the student will abide by the rules and regulations outlined in this activities code. This is a commitment we take seriously.

Please read, discuss, and co-sign the agreement with your son or daughter. Your signature also indicates that you give your child permission to participate in all athletic and co-curricular activities during their high school experience. We especially appreciate your attention to your child's commitment to a healthy lifestyle free of alcohol, illegal drugs, or tobacco/nicotine products.

Let's work together for a safe and successful co-curricular experience for all our students. Best of luck to all students who participate in a Kennett activity or sport this year. Go Eagles!

Neal Weaver
Kennett High School Athletics Director

Sports Offered at Kennett High School

Fall

Cross Country (Co-Ed)
Field Hockey
Football
Golf (Co-Ed)
Mountain Biking (Co-Ed)
Boys Soccer
Girls Soccer
Volleyball

Winter

Boys Basketball
Girls Basketball
Unified Basketball (Co-Ed)
Ice Hockey
Indoor Track (Co-Ed)
Alpine Skiing (Co-Ed)
Ski Jumping (Co-Ed)
Nordic Skiing (Co-Ed)

Spring

Baseball
Boys Lacrosse
Girls Lacrosse
Outdoor Track (Co-Ed)
Softball
Boys Tennis
Girls Tennis

- Refer to the Kennett High School Student Handbook for a complete listing of co-curricular programs.

Examples of Clubs

Cheerleading

Publications Production

Student Council

Music

Robotics

Prom Committee

Drama

National Honor Society

CTSO Organizations

SAU 9 Vision Statement

Realizing the full potential of each and every student.

Kennett Athletics Department Mission Statement

Promote the educational, physical, social, and emotional growth of all students through participation in interscholastic athletics.

Policy

As representative of our school and community, participants are expected to demonstrate at all times the attributes of good sportsmanship, cooperation, respect, and courtesy. A successful co-curricular program is measured by the positive impact it has upon the social, emotional, and physical growth of individuals and not by the quantity of awards, victories, or recognitions.

Guiding Principles

The co-curricular programs at Kennett High School are designed to:

- Offer programs which meet the abilities, needs, and interests of a diverse student body and to facilitate the transfer of acquired skills and values into the classroom.
- Foster experiences which support the personal qualities of self-control, hard work, perseverance, fair play, cooperation, and cultural/intellectual awareness.
- Encourage the active support and participation of students, faculty, coaches, advisors, parents and all segments of the community, thereby promoting pride, enthusiasm, appropriate group behavior and joy in expanding horizons.
- Offer co-curricular activities which explore potential career choices and offer intellectual stimulation.
- Demonstrate the importance of drill, practice, rehearsal and preparation towards a formulated goal or an improved level of performance.
- Inspire loyalty and support towards group goals.
- Afford the opportunity to deal with setbacks and to channel energy in a positive direction by demonstrating that personal and group success can be achieved by a healthy lifestyle.
- The student's primary focus is on learning so after school help/make up work takes precedence over all activities and will be an excused absence unless the coach/advisor and the teacher involved agree otherwise.
- As a participant of co-curricular activities all school rules and policies apply.

Co-curricular Definition

Co-curricular activities include any/all formally sanctioned school related activities, athletics, clubs, etc., that take place outside of the normal school day and are not directly linked to a course grade.

Risk of Participation

While the athletics department takes all reasonable precautions, including training of coaches and care of facilities, athletic events involve risk and all athletes and parents should be made aware of and understand these risks.

Sportsmanship

Kennett High School is dedicated as a school community to instilling sportsmanship, ethics, and integrity in its students, athletes, and fans.

Examples of a Good Sport

- Exhibiting a spirit of compassion and genuine consideration for the opponent
- Accepting the results gracefully and acting fairly and courteously toward opponents and fans at all times
- Maintaining self-control at all times
- Refusing to jeer an opponent's failure
- Helping up a fallen opponent
- Patting an opponent on the back in a gesture of "nice play"
- Recognize a good game by an opponent with a meaningful handshake
- Courteously handing the ball or getting the ball for the official
- Refusing to be baited into inappropriate action

Acceptable Behavior

- Applauding during the introduction of participants, coaches, and officials
- Shaking hands with opponents while both sets of fans recognize the players' performance with applause
- Graciously accepting all decisions of the officials
- Cheerleaders leading fans in positive school cheers

- Handshakes between opposing participants and coaches/advisors at the end of the contest
- Searching out opposing teams/clubs to recognize them for an outstanding performance or coaching
- Everyone showing concern for injured players, regardless of the team
- Applauding at the end of a contest for performance

Unacceptable Behavior

- Disrespectful or derogatory yells, chants, songs, or gestures
- Booing or heckling an official's decision
- Criticizing officials in any way
- Displays of temper with an official's call
- Yells that antagonize opponents
- Ridiculing or directing insulting remarks at participants
- Throwing objects or shining lights on the floor or at participants
- Going onto the floor or field at any time or if a fight breaks out
- Refusing to comply with a teacher, game official, or administrator's directive

Any fan acting disrespectfully towards other fans, players, coaches, officials, or game personnel may be asked to leave the site with or without prior warning.

Expectations of Coaches/Advisors

- Always setting a good example for players and fans to follow, exemplifying the highest moral and ethical behavior
- Instructing participants in good sportsmanship responsibilities and demanding that they make sportsmanship the number one priority
- Respecting the judgment of contest officials and not displaying behavior that might incite fans
- Treating opposing coaches, players, and fans with respect, and shaking hands with officials and opposing coaches in public
- Developing and enforcing consequences for players whom do not abide by sportsmanship standards

- No running up scores

Expectations of Students Participating in Co-curricular Activities

- Treat others with respect
- Shaking hands prior to and after contests
- Respecting the judgment of contest officials and displaying no behavior that might incite fans
- Accepting seriously the responsibility and privilege of representing the school and community
- Displaying positive public actions at all times
- Living up to the high standards of sportsmanship displayed by the coach

Expectations of Parents and Other Fans – Be a Fan, Not a Fanatic

- Realizing that a ticket is a privilege to observe a contest and support high school activities – attendance at a contest is not a license to be unsportsmanlike
- Respecting the decisions of contest officials
- Being an exemplary role model by positively supporting teams in every manner
- Respecting fans, coaches, and players

Absences

Attendance at meetings, club functions, practices and contests is mandatory. Students must inform their coach/advisor in advance for any absence to be considered excused. An excused absence does not automatically guarantee participation in an activity or contest. The coach/advisor retains the right to disallow participation in certain circumstances. An unexcused absence will result in an activity or game suspension.

Detention

If a student receives a detention, the student must notify the coach/advisor immediately. Upon the third and any subsequent detentions, the student will be suspended from the next game/activity.

Eligibility

All students participating in school sponsored athletics must abide by the regulations established by the NHIAA. The rules apply to all varsity, junior varsity, reserve, freshmen, boys, and girls sports. The violation of any eligibility rule may result in forfeiture of a game won or the elimination of a player from participation for one year. The Executive Director of the NHIAA will resolve all questions on eligibility.

1. NHIAA Eligibility Rules

- a. Age – Students who have reached the age of nineteen prior to September 1st may not represent their school in interscholastic athletics.
 - b. Semesters of enrollment – Students are eligible for interscholastic competition for no more than eight consecutive semesters beyond the eighth grade whether or not they have competed.
 - c. Transfer students – Students who transfer to a school because of a move into the district by their parents/guardians will be immediately eligible for participation if all other requirements are met. Students who transfer without a parent/guardian are ineligible to participate unless a Transfer Rule Affidavit has been submitted to the NHIAA and approved by the Executive Director.
 - d. International Students – International students enrolled at a high school in New Hampshire must be sponsored by a CSJET approved foreign exchange program in order to be eligible for interscholastic competition and all other requirements must be met.
 - e. Non-school team competition – Students may not be members nor play on any other team in the same sport while being a member of a high school team with contests remaining on their high school schedules including tournament play.
 - f. Medical examination – There must be a medical statement on file certifying that a student has passed a pre-participation physical examination prior to the beginning of any high school athletic participation. This must be done once every two years unless required more often by a medical professional. This can only be completed by a licensed physician, a physician's assistant who is under the direct supervision of a physician, or an ARNP.
- For a full listing of NHIAA eligibility rules, refer to the NHIAA Protecting Your High School Eligibility available on the KHS athletics webpage.

2. Academics

a. Passing Grades

- i. In addition to meeting all NHIAA minimum standards, students at Kennett High School must pass a minimum of five units of work during the previous grading period in order to represent the school in any interscholastic contest.
 - ii. Students must be taking no fewer than 5 classes per grading period.
 - iii. Beginning with the end of the first semester of the 2019-2020 school year, semester grades will determine eligibility.
 - iv. Coaches or advisors review student progress reports at mid-term to identify students in danger of failing.
- b. Incompletes (INC) are not to be considered passing grades for purposes of eligibility.
 - c. Academic eligibility of all students will be considered official on the date that report cards for that grading period are issued to students.
 - d. The Principal or Athletic Director, after reviewing the roster of students involved in all activities, will notify the advisors/coaches of the eligibility/ineligibility of each of the participants. Advisors and coaches will notify all ineligible students.

3. Attendance

- a. To be eligible to participate in or attend any game, practice, play or co-curricular activity, a student must attend a full day of classes on the day of the event. If a student has been dismissed from school the student is not allowed to return to

school to participate in a game, practice, play or co-curricular activity without prior approval. If the event is scheduled for a Saturday, Sunday or holiday, this regulation shall apply to the last day of school preceding the event.

- b. Exceptions may include absences/dismissals due to
 - i. Religious holidays
 - ii. Illness/doctor's appointment
 - iii. Senior Privileges
 - 1. Arrival to school prior to 8:52 am (M-W, F) and 9:30 am (Th)
 - 2. Leaving school at 1:02 pm (M-W, F) and 1 pm (Th).
 - iv. College visits
 - v. Absence is school related (i.e. field trip)
- c. The Principal or Vice Principal may find other absences excusable. Students should get pre-approval in writing prior to being absent. Students who are dismissed due to illness must have permission from the Principal or Vice Principal to participate in activities that day.

4. Substance Use and All Illegal Activity

- a. Alcohol, Tobacco, Nicotine Products, Vaping Products, and Illegal Substances
 - i. For the purpose of this section, the start of the season/activity will be defined for athletics as the official NHIAA start date; for clubs/activities, it will be defined as the first formal meeting that the activity leader has with the participants.
 - ii. It is considered a violation of this policy to possess or use alcohol, tobacco, nicotine products, vaping products, or illegal drugs on or off school grounds.
 - iii. Violations of this policy for athletes will result in the following actions:

Alcohol/nicotine products/vaping products/paraphernalia *	Over the course of the high school career:
First Offense	25% loss of participation (rounded up to nearest full contest); 10 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Second Offense	Loss of participation for remainder of season; 20 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Third Offense	Loss of participation for 365 days; 30 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Illegal drugs / paraphernalia: *	Over the course of the high school career:
First Offense	Loss of participation for remainder of season; 20 hours community service; complete

	educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Second Offense	Loss of participation for 365 days; 30 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Third Offense	Loss of participation for remainder of high school career.

Violation of this policy for non-athletics will result in the following actions:

Alcohol/nicotine products/vaping products/paraphernalia *	Over the course of the high school career:
First Offense	Loss of participation for 4 weeks; 10 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Second Offense	Loss of participation for 18 weeks; 20 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Third Offense	Loss of participation for 365 days; 30 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Illegal drugs / paraphernalia: *	Over the course of the high school career:
First Offense	Loss of participation for 18 weeks; 20 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Second Offense	Loss of participation for 365 days; 30 hours community service; complete educational component relative to the specific product/paraphernalia that the student was found to be in possession of.
Third Offense	Loss of participation for remainder of high school career.

- iv. Athletic participation days are defined as any days of the week that a team practices or plays during the sports season. The starting and ending dates of each season are determined by the NHIAA.

- v. At the student's request a meeting with the Athletic Director may be arranged to present an alternative course of action. Criteria that will be taken into consideration include the student's character, honesty, cooperation, respectfulness, sense of remorse, and self-reporting of the violation. The alternative course of action, if approved, may include the above requirements as well as a meeting with a certified drug and alcohol counselor to cooperatively determine the extent in which the behavior is problematic. If deemed necessary by the counselor, the student will complete the counselor's recommended course of action.
- vi. All requirements must be met, including meeting with the Athletic Director, before the student can be reinstated to participate in athletics.

* Kennett High School recognizes that the sale, distribution, or purchase of alcohol, tobacco, nicotine product, illegal drugs, or paraphernalia is a serious crime. A student found to be involved in the sale, distribution, or purchase of a controlled substance will be ineligible until an expulsion hearing is held.

** If the penalty isn't completed during one season, the penalty will be carried over to the next immediate season of participation. Contests will include NHIAA tournament games and exclude preseason scrimmages or jamborees.

5. Use of Performance Enhancing Drugs

- a. Any student found to be using performance enhancing drugs will be ineligible pending investigation.

6. Sportsmanship

- a. Students who are disqualified before, during, or after a game, at any level, for unsportsmanlike conduct will not participate in the next scheduled contest including tournament play. A second disqualification will result in forfeiture of participation in that sport for the remainder of the season. If a student is disqualified for fighting, he/she will be banned from all extracurricular activities for 365 days.
- b. An athlete who strikes out against an official and physically touches him/her in any aggressive or hostile manner will be suspended for the season. If this action takes place in the last game of the season or tournament play, the athlete will be suspended for the following season in which he/she participates.

7. Home Bound/Special Services Students

- a. The NHIAA and the Conway School Board have special provisions regarding the eligibility of home bound students and students who avail themselves of special services.

External Suspension

External suspension is considered to be in effect until the student has attended a full day of school following the period of suspension. Once the student returns to school, participation in the activity/sport will be allowed as follows:

1. First Offense: the student will lose eligibility to represent the school and participate in all meetings and/or practices prior to the next event/competition, as well as the event/competition.

2. Second Offense: the student will lose eligibility to represent the school for the next three consecutive events/competitions, as well as all meetings and practices prior to the third event/competition.
3. Third Offense: the student will lose eligibility to represent the school for the remainder of the school year in any events/competitions, as well as all meetings and practices.

Good Standing

Any student who is a member of a co-curricular activity is expected to maintain good standing in the community and at school. If not this may result in loss of participation deemed appropriate by the coach and/or advisor. Examples of being in good standing is a student who follows all rules and regulations at school and at school-related activities. Outside of school, it is our expectation that students abide by all laws and are contributing to the school community in a positive manner. Students are expected to meet all expectations of the teams and co-curricular activities in which they participate.

Hazing

Conway School District is committed to providing all pupils a safe school environment in which all members of the school community are treated with respect. This policy is intended to comply with Ed 303.01 which identifies hazing as a form of pupil harassment. Conduct constituting hazing will not be tolerated and is prohibited by this policy. Hazing is conducted by an individual or individuals which subjects a pupil or pupils to insults, taunts, challenges or behaviors, whether verbal or physical in nature, which are likely to intimidate students, negatively influence student participation or otherwise control student access to sanctioned activities.

Any school employee, or employee of a company under contract with a school in the District, of the District itself, who has witnessed or has reliable information that a pupil has been subjected to hazing, as defined in Policy JICFA, shall report such an incident to the Principal, or his/her designee, who shall in turn report the incident to the Superintendent.

If it is determined, after investigation, that a pupil has engaged in hazing conduct prohibited by this policy and implementing administrative regulations, the pupil shall be subject to appropriate disciplinary action, which may include, but not be limited to, suspension and expulsion.

Any pupil who is found to have engaged in hazing will be removed from the team/activity for the remainder of the season/school year. Police or SRO will be notified.

Internal Suspension

Students that are suspended internally are not eligible to participate in any game, practice, play or co-curricular activity until the student has attended a full day of school following the internal suspension.

Personal Appearance

While representing the school dress should be reasonable and neat. Advisors/coaches will exercise discretion in determining appropriate dress and appearance. In the event that a student's appearance will have a negative or harmful effect upon the school, advisors/coaches have the option of refusing to allow the student to participate in an activity or contest.

Registration

Parents/guardians are required to sign up their student(s) through online platform. Each student's registration must be approved by the athletics department prior to the student(s) participating in a practice or game. Parents/guardians and co-curricular participants are responsible for reading and electronically signing the online registration.

Social Media

Messages posted on social media are public information and available to a vast online audience to see; assume that nothing is private. Reposting or liking a comment is an indication of approval and promotion of the viewpoint.

While social media is often used to promote the accomplishments of teams and individuals, insensitive social media postings may have a disruptive impact on the school programs, and on the morale, discipline, cohesiveness, and success of the team. Participants are not permitted and should refrain from making disrespectful comments or behavior online, including but not limited to:

- Inappropriate, derogatory, or unsportsmanlike language that may be offensive, harmful or critical of teammates, students, coaches, officials, administrators, and/or teachers at Kennett High School or at other schools, including opponents
- Photos, gestures, or statements which may be perceived as demeaning, offensive, bullying, hazing, or harassment
- Making a threat of serious physical or emotional injury to another person
- Use, possession or sale of illegal substances, alcohol, tobacco, or nicotine products or paraphernalia
- Vandalism or other inappropriate behaviors
- Indicating knowledge of an unreported school or team violation
- Sensitive or personal information such as injuries and eligibility status

Out of school postings may have a disruptive impact on school property, within co-curricular and extracurricular activities, or at off campus school events.

The use of school computers to view postings, students accessing the content on their own devices while on school grounds, distributing hard copies or re-communicating the content of original posts on school property may also be a violation.

Consequences for online content that violates these expectations will be determined by the coach, athletic director, advisor, and/or other school administrators, and may include, but not be limited to, possible suspension from participation.

Switching Teams

Students may switch teams in pre-season, up to one week before the earliest game or match of either sport, with the permission of both coaches.

Team Captains

Organizations/teams may or may not have designated captains, but for those that have them, coaches/advisors will present the team's expectations of that role. The position of captain is where the individual accepts the role of a leader and role model both on and off the competitive area. Team captains are expected to demonstrate the type of behavior that is essential to representing Kennett High School and the community properly. If a student does not meet the team's expectations, or follow the student activities code and student handbook rules once the role of captain has been accepted, whether this is during the season or the off-season, the student may be removed from the position.

Travel to and from an Activity

Students are expected to travel with the group to and from all activities, contests, and off-site practices for which transportation is provided by the District. In cases where the coach/advisor deems it appropriate for a student to be released to the custody of the parent/guardian, an exception will be made upon the presentation of a dated, written note or upon notification by the parent/guardian in person. Students with parent/guardian permission may, in limited circumstances, have other transportation arrangements, but those students must notify their coach in advance and present a note from their parent/guardian confirming the arrangement.

Multiple Activity Students

Students may participate in more than one Kennett High School co-curricular activity during the same season. Athletes must declare their primary and secondary activity for the season and have the approval of both coaches/advisors for each respective program.

Use/Care of Equipment

All uniforms and practice gear are the property of Kennett High School. School issued uniforms, costumes or equipment may not be defaced or altered in any way and should be used only for school sanctioned activities. In the event that a student loses any of the school issued items, payment must be made before a student is allowed to participate in any other school activity, sport, or graduation. Restitution will be made at current replacement value.

Varsity Letter Criteria

Criteria for a varsity letter may be established at the discretion of the varsity coach and approved by the Athletics Director and Principal. These criteria will be distributed to all participants in writing at the beginning of that particular sport season. However the school recognizes the importance of family vacations. Absences will not be counted during these vacations if written notification from the parents/guardians is provided to the coach/advisor seven (7) calendar days in advance of the scheduled family vacation. For the purpose of letter eligibility, a "family vacation" is defined as the parent/guardian participating with the child in a scheduled vacation activity.

Student Activities Code Grievance Procedure

A student participating in an activity at Kennett High School, as well as the parent/guardian of that student, may elect to use the following grievance procedure as a means of arriving at an equitable solution to disciplinary problems. The process is conducted by beginning at Level 1 and proceeds through the levels as appropriate.

Level 1: Coach/Advisor

The coach/advisor of each activity will render those decisions deemed necessary and proper for the good of the team or activity. The coach/advisor will contact the principal immediately upon making a decision that requires significant disciplinary action. Decisions will be made in accordance with team/club/organization rules, this code, and any other applicable School Board policies. A student or parent/guardian may appeal a disciplinary decision made by a coach/advisor, in writing, to the Athletic Director within five (5) school days of the decision.

Level 2: Athletics Director

Upon receipt of a written appeal from a Level 1 decision, the Athletic Director will review the decision of the coach/advisor. The Athletic Director will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Athletic Director will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 3. A student or parent/guardian may appeal the decision of the Athletic Director, in writing, to the Principal within five (5) school days of the decision.

Level 3: Principal

Upon receipt of a written appeal from a Level 2 decision, the Principal will review the decision of the Athletic Director. The Principal will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Principal will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 4. A student or parent/guardian may appeal the decision of the Principal, in writing, to the Superintendent within five (5) school days of the decision.

Level 4: Superintendent

Upon receipt of a written appeal from a Level 3 decision, the Superintendent will review the decision of Levels 1, 2 and 3. The Superintendent will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Superintendent will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 5.

Level 5: School Board

A student or parent/guardian may appeal the decision of the Superintendent, in writing, to the School Board within five (5) school days of the decision.

Kennett Athletics Concussion Guideline Reference

What Is A Concussion?

A concussion is a brain injury that:

- Is caused by a blow to the head or body.
 - From contact with another player, hitting a hard surface such as the ground, ice or floor, or being hit by a piece of equipment such as a bat, lacrosse stick or field hockey ball.
- Can change the way your brain normally works.
- Can range from mild to severe.
- Presents itself differently for each athlete.
- Can occur during practice or competition in ANY sport.
- Can happen even if you do not lose consciousness.

What Are The Symptoms of A Concussion?

Some symptoms may be noticeable right away; however, other symptoms may show up hours or days after the injury. Concussion symptoms include but are not limited to:

- Amnesia
- Confusion
- Headache
- Loss of consciousness
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Nausea
- Feeling sluggish, foggy, or groggy
- Feeling unusually irritable
- Concentration or memory problems

Concussion Assessment and Return to Play Protocol

- If you experience a blow to the head or exhibit symptoms of a concussion, tell your coach immediately and see the Certified Athletic Trainer (ATC).
- If symptoms do not present themselves until later, alert your parents and either see your physician as soon as possible, see the certified athletic trainer at school the next day, or go to the emergency room.
- Once diagnosed with concussion like symptoms, a student athlete is immediately removed from all activity.
- First notification should be made to the Athletic Director, School Nurse and Guidance Department.
- School Administration will coordinate with Guidance, School Nurse, and Teachers to support the student athlete in academic adjustments.
- A student athlete is strongly encouraged to see a concussion specialist when diagnosed with a concussion.
- It is imperative that families share medical reports from outside physicians and specialists with the school during treatment.
- A follow-up IMPACT TEST will be administered at the discretion of the ATC
- Test results are analyzed. Athletes are not eligible to return to play until test results are in line with baseline data.
- Student athletes must get a note from their doctor clearing them to play.
- Once IMPACT data and Doctor's and Parent notes give the "ok", our certified athletic trainer will perform final on field assessments of student athlete and give final clearance for full participation. In addition to all medical clearances, a student athlete must be able to complete a full day of school without restrictions on academic work.
- **No one piece of information is enough to clear a student athlete for full participation. It MUST be all four pieces of information (IMPACT data, Doctor's and Parent note, and Certified Athletic Trainer's Assessment) that will clear a student athlete to return to full participation.**

**** THIS FORM MAY BE USED OR ANOTHER IN ITS PLACE FROM A STUDENT'S PRIMARY CARE PHYSICIAN'S OFFICE. ****

PLEASE COMPLETE AND RETURN TO THE ATHLETIC DEPARTMENT

KENNETT HIGH SCHOOL
SPORTS PARTICIPATION HEALTH RECORD

****This Form Must Be Completed By a Physician, Physician's Assistant, Or Certified Nurse Practitioner When a Sports Physical Is Required**

**Turn in form to the Kennett High School Athletic Director or
Fax to (603)356-4391 Attn.: Athletic Director**

Name _____ Date _____ Age _____
Birthdate _____ Height _____ Weight _____ Grade _____
Blood Pressure _____ Pulse _____
Vision R _____ Corrected _____ Uncorrected _____
L _____ Corrected _____ Uncorrected _____

She / He has been examined by me in this office. In addition, the health history and immunization records have been reviewed. There are no apparent contraindications to full participation in school athletics/competitive sports.

Exceptions, Comments, Special Problems, Allergies, etc.

Most recent Exam Date: _____

*Tdap date (**must be current within 10 years**): _____

TD ok only if date of immunization is less than 5 years.

Practitioner's Signature: _____

Telephone Number: _____

Please place clinic stamp to the right:

If found please return to Kennett High School Athletics Director
409 Eagles Way, North Conway, NH 03860

**** THIS FORM ISN'T NEEDED WHEN REGISTERING A STUDENT FOR A SPORT ON FAMILY ID. ****

KENNETT HIGH SCHOOL CO-CURRICULAR ACTIVITY
CONSENT AGREEMENT
AND ACTIVITIES CODE ACKNOWLEDGEMENT

1. I understand and acknowledge there are risks associated with participation in co-curricular activities. I understand and agree that neither Kennett High School, nor its coaches, advisors, employees shall be liable for any injury, loss or damage occurred by my son/daughter as a result of participation in any such activity as long as there has been a reasonable standard of care.
2. I understand that participation in co-curricular activities depends on passing grades and so give my permission for my son's/daughter's coaches/advisors to have access to his/her grades in order to determine eligibility.
3. In case of an emergency, by authorization of my signature below, I hereby allow Kennett High School or its designated coach/advisor/trainer/nurse to administer first aid and make arrangements for emergency transportation to a medical facility for emergency treatment.
4. I hereby acknowledge that I have been given a copy of the Kennett Co-curricular Code and I acknowledge that I have carefully read the regulations prescribed herein.
5. I understand that co-curricular activities are a privilege and agree to represent Kennett High School in a positive manner at all times. I further understand that any student convicted or has a finding of guilt of illegal activity at any time will have their privilege of any/all participation in co-curricular activities revoked. Any appeals for reconsideration must go through the "ACTIVITIES CODE GRIEVANCE PROCEDURE".

ACTIVITY: _____

DATE: _____

STUDENT NAME

SIGNATURE

PARENT SIGNATURE

HOME TELEPHONE

CELL PHONE

**** THIS FORM ISN'T NEEDED WHEN REGISTERING A STUDENT FOR A SPORT ON FAMILY ID. ****

KENNETT HIGH SCHOOL
409 Eagles Way, North Conway, NH 03860
Ph:(603) 356-4343 (603) Fax: 356-4391

PARTICIPANT PERMISSION & RELEASE OF RESPONSIBILITY

*** Your child cannot participate in this activity until all necessary paperwork has been completed.**

*** This is NOT a Physical Examination Form**

Participating Student Name / /
Date of Birth *Grade*

has my permission to participate in **(Name of Activity)** _____
after school; I understand that participation in any activity sport involves an inherent risk of accident or injury that may occur despite all reasonable efforts of the school district and its employees to prevent or avoid such accident or injury. I agree that neither the district nor any of its employees shall be responsible for the payment of any bills rendered for medical service as a result of my son or daughter's routine participation.

EMERGENCY MEDICAL TREATMENT PERMISSION:

I hereby authorize the school district to obtain emergency care that may become necessary for my child in the course of activities participation or travel.

Parent/Guardian Signature **Home Telephone & Cell #** **Date**

EMERGENCY INFORMATION / HEALTH UPDATE - To be completed by the parent. Positive responses require explanation and may require a medical evaluation.

Parent Name _____ Work Tel. # _____ Cell #: _____

Mailing Address _____ Name of Physician _____

Physician Tel. # _____ **ALLERGIES** _____

- | 1. During the past 12 months: | YES | NO | Explanation | Date of Illness/Injury |
|---|--------------------------|--------------------------|-------------|------------------------|
| a. Any hospitalizations or surgeries? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ |
| b. Any injuries requiring medical attention? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ |
| c. Any illness lasting more than one week? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ |
| d. Any seizures, concussions, or unconsciousness? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ |
| e. Been under a doctor's care? | <input type="checkbox"/> | <input type="checkbox"/> | _____ | _____ |

2. Does your child: Wear glasses or contact lenses? Have dental bridges, plates, retainers/braces?

3. List all medications presently being taken and what condition the medication is for:

Emergency Medications Required: EPI-PEN INHALER INSULIN DIASTAT OTHER _____

I hereby state that, to the best of my knowledge, my answers to the above questions are correct.

Parent/Guardian Signature **Date**